

As we celebrate the 40th Anniversary of the 5P-Society, let's do all we can to get Proclamations from at least 40 states declaring May 2026 as, 5p- Syndrome Awareness Month and May 5 as 5P- Syndrome Awareness Day.

Here is how to request a proclamation from your Governor requesting that they declare May 5 as 5P- Syndrome Awareness Day.

First, just because a Governor declared May 5 as 5p- Syndrome Awareness Day in 2025 or any previous year – you still will have to ask in 2026 and all future years!

Start Early – like Billy Masson did for Colorado - the best thing to do is make your request before March 1 as most states say it takes up to six weeks to determine whether or not the request will be granted and to issue the Proclamation.

Do a google search “Governor OF STATE?” (for your state) This will take you to the Governor’s website.

On the Governor’s website, on the home page search for “Request a Proclamation” – usually there will be an online form to request the proclamation.

You are the “requestor” – the requesting organization is “The 5p-Society.”

PM ME WITH YOUR EMAIL ADDRESS AND I WILL SEND YOU SAMPLE LANGUAGE TO SUBMIT WITH YOUR REQUESTS.

Some states do not have online forms – so when you search for “Request a Proclamation” you will be directed to an office – call there and ask how to send an email request for a proclamation.

Keep a copy of the request and write down the date you submitted it. This will be helpful when you call or email to follow up the request. I suggest that you do this about 2 weeks after you submit the request. Be prepared to call back several times!

You may have to call a general phone number from the web page and ask to speak with the person who handles requests for proclamations.

And remember, Governors get hundreds of requests every month for them to declare given days so if the request is turned down, do not take it personally!

If you run into issues, feel free to email me at [Jaggerwatt@hotmail.com](mailto:Jaggerwatt@hotmail.com)

ALSO, WHEN YOU REQUEST A PROCLAMATION, PLEASE EMAIL ME AND LET ME KNOW AS I TRACK THE REQUESTS!