

**President's Message**

*Nick Wallace*

Welcome to 2019! During this past holiday season, I started thinking about how the various holidays all revolve around light. Look at the kinara, the menorah, and the advent wreath ... they all center around the lighting of candles. If you look around during the holiday season you see lights everywhere. People decorate their houses with lights. They light candles for those who have passed on, to represent their presence during the season. As I stopped and thought about all of the light around me, I started thinking about all of you and our amazing adults/kids.

As a parent to a child with special needs, there can be dark/hard days. Days that are just harder than other days. On these days I am so thankful for people who understand what I am going through. In one of my previous articles I spoke about the BC (Before Conference) times, and find it hard to

fathom not being able to reach out to families the way we are able to now. I feel so fortunate to have a group where I can go to either shine a light for others during their dark/hard days or to find some light during my dark/hard days.

During this time I also reflected upon how darkness doesn't always represent difficult times, but it can also represent a lack of knowledge. I started thinking that when we provide information about Cri du Chat Syndrome, we are enlightening that person in several different ways. The more we educate and interact with others, the more light we spread into the darkness. For families, like our family, raising awareness is a daily thing, but we really turn the light on during our international awareness week. It is our chance to come together and raise awareness around the globe.

So, in closing I would like to thank those who have shone a light for me when I have needed it, and hopefully at some point I have been able to reciprocate. In 2019, let's do our best to shine our light into the darkness and lift others up when they need support and let's do what we can to raise awareness of Cri du Chat Syndrome to those far and wide.

**Make Plans Now—Conference Info**



**Date:** July 18-21, 2019  
Portland, Oregon  
**Location:** DoubleTree by Hilton Hotel Portland  
1000 NE Multnomah  
Portland, Oregon

Please visit our dedicated website page at [https://fivepminus.org/event/2019-5p-society-annual-conference-portland-oregon/?event\\_date=2019-07-18](https://fivepminus.org/event/2019-5p-society-annual-conference-portland-oregon/?event_date=2019-07-18) for information on reserving a room at the DoubleTree.

**Registration:** Will be launched on March 1<sup>st</sup>. Member registration link: <https://5psociety.regfox.com/2019-5p-annual-conference---member-registration>.

Please note registration fee is separate from hotel reservation, travel and incidentals. There are member and non-member fees. If you're not sure of your status, contact Laura at [director@fivepminus.org](mailto:director@fivepminus.org) to find out if you are a member or not.

**Scholarships:** We will offer five scholarships. The scholarship will pay for hotel room for three nights and registration fee for 4 individuals in the same family. Link for scholarship application: <https://goo.gl/forms/OOFibnNPDyUcKSz23>.

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## Special Needs Trust Basics: What You Need To Know

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*Learn why it's important for you to have a special needs trust for your child with a disability, and how you can start funding it immediately.*

Rachel Stanford's son Miles is 10, and has a developmental disability caused by a rare genetic syndrome called Cri du Chat. Miles was also diagnosed with ASD.

Rachel describes Miles as being impulsive, with no sense of danger, non-verbal and sensory issues and, likely, will need lifelong care.

"Right after Miles was diagnosed, my husband and I knew we had to do something to provide for his future," says Stanford.

Rachel knew that she and her husband, Matthew, couldn't leave money directly to Miles without jeopardizing access to government benefits. So they hired an attorney to prepare a "special needs trust" in which money could be set aside for Miles' care without risking the loss of benefits he'd otherwise be entitled to.



*Rachel, Matt, Miles (10) and Charlotte (6) Stanford.*

### What is a special needs trust?

A trust is an arrangement where one person (the grantor) gives assets, such as cash, investments or real estate, to a trustee. The trustee manages the assets on behalf of someone else, who is called the beneficiary. The assets set aside in the trust by the grantor are not directly owned by the beneficiary, but instead the beneficiary benefits from the assets in the trust pursuant to the terms of a written trust agreement.

A special needs trust is a particular type of trust designed for a person with a disability who is likely eligible for government benefits, such as Supplemental Security Income (SSI), Medicaid or subsidized housing. A person with a disability may not qualify for these benefits if they own assets in their own name.

Because the beneficiary has no control over the assets, they are ignored when determining eligibility for government benefits.

The trust agreement for a special needs trust must be carefully worded in order to preserve eligibility for government programs. For example, the trust must state, among other things, that it is intended to provide "supplemental and extra care" beyond that which the government provides, and that it is not intended as a basic support trust.

This means that the trustee cannot just give cash to the beneficiary, but instead, purchases items on behalf of the beneficiary that provide for their supplemental care. According to FindLaw, [this can include](#):

Paying for medical and dental care, equipment, education, treatment, rehabilitation, eye glasses, transportation (including vehicle purchase), or insurance (including payment of premiums of insurance on the life of the beneficiary), essential dietary needs, spending money, electronic and computer equipment, vacations, athletic contests, movies, trips, money with which to purchase gifts, payments for a companion, and other items to enhance self-esteem.

### Do I need a lawyer to set up a special needs trust?

There is no requirement to hire a lawyer to create a special needs trust. There are books and online resources that can guide you through the process.

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*Continued on page 3*

However, the creation of a special needs trust may also involve updating (or creating) a will, and thinking through some difficult questions about alternate trustees and how to provide for siblings. Often, people find the process to be a bit more complicated than they are comfortable taking on themselves and end up hiring a lawyer.

This was the case for Rachel Stanford, who is an attorney herself.

“I don’t practice trust and estate law, but I knew enough that we had to do something to provide for [Miles’] future,” says Stanford. “A coworker advised me about how to do this and recommended a lawyer who could help us get it done. There are a lot of things I will try on my own, but this is so specialized, I just didn’t want to mess it up.”

*[Incidentally, I am also a lawyer and, like Rachel, not a trust and estate attorney. I did start to do the research to draft a special needs trust on my own, but found it to be confusing. My wife and I also hired an attorney to draft a special needs trust and update our estate plan.]*

If you hire a lawyer, don’t be afraid to shop around. The process of drafting a special needs trust may be too difficult for you to do on your own, but the reality is, the work is form-based and generally requires minimal custom drafting.

The value in hiring a lawyer is for them to ask you the “right” questions, so you create a plan that works best for your particular family situation. But, for a skilled attorney, this shouldn’t take a lot of time and, once done, a paralegal can make quick work of the drafting.

Look for a lawyer who will work for a fixed fee, as opposed to one who works on an hourly basis.

Expect to pay between \$500 to \$1,500 just for the special needs trust. If the trust is prepared as part of an overall estate plan (with a will and family trust) expect to pay between \$1,500 to \$3,500. Unless you have a very complex estate situation (lots of assets, blended families or multiple business interests), if you get prices that are more than \$3,500, keep looking.

### Ideas for funding a special needs trust

Setting up a special needs trust is the easy part...funding a special needs trust can be a whole other challenge. In the same way many families struggle with saving for retirement, they can struggle with setting funds aside for a trust.

The key to success is starting early.

Families with younger children often purchase life insurance products to fund a special needs trust if they should die. Term or “second to die” life insurance policies are inexpensive to purchase when you are young and healthy, and can be a good way to make sure your children are cared for (financially), in the event you die unexpectedly.

Term policies end after a fixed period of time, so get a policy with the longest term you can afford.



*Denise, Phil and Jason (27) Lansford.*

Parents also save money over their lifetime, same as they would for a retirement account, which is then either deposited with the trust, or transferred to the trust after they die by operation of their will.

Trust assets don’t have to be limited to cash or securities. Some families purchase real estate or transfer interests in a family business that can pay long term rent or dividends.



International Cri du Chat Syndrome Awareness Week 2019 is May 1 – 10, 2019

This year's Virtual 5k for 5p- theme:

## *Walk Around the World for 5p-*

We'd like to see C5 taking a walk around the globe spreading awareness of Cri du Chat Syndrome. Hosting an event? Please make sure to share the information with us on one of our pages on Facebook ([www.facebook.com/CriDuChatSociety](http://www.facebook.com/CriDuChatSociety) or [www.facebook.com/Virtual5kfor5pminus](http://www.facebook.com/Virtual5kfor5pminus)). We will make sure to encourage others to participate with you and will boost posts.

What is a Virtual 5k?

It is just like any other 5k (or 3.1 miles), except there is no official race location (and no early start times)! The virtual part of this means no traveling or fighting crowds. It also means you get to choose where, with whom, and even how you want to go that 3.1 miles! (Walk, run, bike ride, bowl, jump – anything you want to do).

The Virtual 5k for 5p- can be done at any time and on any day during Awareness Week. It can even be done in increments throughout the course of the week! Do you walk to school in the morning, around town during the day, or around the office? Great! Keep track of your distance until you hit the 3.1 miles.

This event is open to individuals of all ages and abilities. Once you register, either as an individual or as part of a team, you are set! Team Captains will be in charge of hosting their local events, if they choose to gather as a group. Registration opens February 1, 2019.

Individuals with 5p- can participate for free. Apply for a coupon code to use during the registration process at <https://goo.gl/forms/tB0g0VsYJTXZoeqv2>. The coupon code will be good for registration/t-shirt/medal for both participants in the USA and Internationally.

Registration can be located here: <https://5psociety.redpodium.com/2019-virtual-5k-for-5pminus>.

Cost to participate:

Registration: \$5.00 USD

Registration/t-shirt/medal (USA participant): \$20.00 USD

Registration/t-shirt/medal/striped socks (USA participant): \$30.00 USD

Registration/t-shirt/medal (International participant): \$35.00 USD

Registration/t-shirt/medal/striped socks (International participant): \$45.00 USD

Since this is not a sanctioned event, there is no penalty if you are unable to complete any or all of the 5k. However, during Awareness Week, we will be asking participants to post pictures of you on your 5k route. This is completely optional - but since our goal is to bring awareness to 5p- Syndrome, we want to do just that! And by using the special #5pminus5k hashtag on your photos, we will be able to keep up with the fun!

**Be a Fundraising Ambassador for the 5p- Society!**

During the registration process, you may also elect the Fundraising option and become a Fundraising Ambassador!

The fundraising page is something you can send to your friends and family not participating in the race so they may have a way to pledge donations in support of you, your participation, and to help spread awareness about Cri du Chat Syndrome.

This is not required to participate, but is a great way for your virtual cheering section to show you some love and help the 5p- Society at the same time!



C5's

## Carousel of Possible Dreams

### 2019 Regional Family Get-Togethers

This is the second year the 5p- Society has sponsored 5 regional family gatherings. In 2018 the gatherings took place in Alberta, Canada; St. Louis, Missouri; Phoenix, Arizona; Panama City, Florida; and Boston, Massachusetts. Thank you to our wonderful 2018 hosts—Clara Thomsen, Jason and Michelle Myatt, Sam Brown, Rob and Cathy Vaden and Danny Watt and Ruthie Lieberman. We are excited to announce the 2019 location and hosts: More details to follow by mail and on Facebook.

Las Vegas, Nevada—Hosted by Chuck and Kathryn Gladden

Houston, Texas, May 4, 2019 – 10:00-2:00—Hosted by Jason and Heather Meza

Des Moines, Iowa, May 4, 2019—Hosted by Laramie and Michelle Sanbulte

Toronto, Canada—Hosted by Chris and Ana Wheaton

Charlotte, North Carolina—Hosted by Russ and Amanda Bennette

If you are interested in hosting a future gathering, please contact Jolene Towers for more information.

[gnjtowers@aol.com](mailto:gnjtowers@aol.com) or message Jolene on Facebook.

## LEARN SHARE CONNECT

### YouTube Videos to watch

[5p- Society "I Can" video](https://www.youtube.com/watch?v=2AEvN0-6M6I)

<https://www.youtube.com/watch?v=2AEvN0-6M6I>

[2015 Virtual 5k for 5p- video Recap](https://www.youtube.com/watch?v=EWX6NHj0nwY&feature=youtu.be)

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=EWX6NHj0nwY&feature=youtu.be)

[v=EWX6NHj0nwY&feature=youtu.be](https://www.youtube.com/watch?v=EWX6NHj0nwY&feature=youtu.be)

[Adam & Tyler Buckner on KASA morning news! 5/30/2014](http://kasa.com/2014/05/29/cru-du-chat/)

<http://kasa.com/2014/05/29/cru-du-chat/>

[Cri du Chat Awareness US](https://www.youtube.com/watch?v=GbWDG3JXF4)

<https://www.youtube.com/watch?v=GbWDG3JXF4>

Video to increase awareness of Cri du Chat in the US and across the globe. By Larry McSeed

[Cri du Chat Awareness Video—Australia Support Group](https://www.youtube.com/watch?v=V6wk4bFVz2g)

<https://www.youtube.com/watch?v=V6wk4bFVz2g> Australia Support

Group awareness video for 2012 Awareness Week.

[International Cri du Chat Syndrome Awareness—Meet Nellie](https://www.youtube.com/watch?v=zw2joxiYjR4)

<https://www.youtube.com/watch?v=zw2joxiYjR4>

[Emma's "Steps of Faith"](https://www.youtube.com/watch?v=giW_ip5ibr8&feature=youtube_gdata_player)

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=giW_ip5ibr8&feature=youtube_gdata_player)

[v=giW\\_ip5ibr8&feature=youtube\\_gdata\\_player](https://www.youtube.com/watch?v=giW_ip5ibr8&feature=youtube_gdata_player)

[Documentary by Maria Ripoli](http://www.cromosomacinco.com/)

<http://www.cromosomacinco.com/>

[Meet James Chalmers](https://www.facebook.com/james.chalmers.3994/videos/10207221038346912/)

[https://www.facebook.com/james.chalmers.3994/](https://www.facebook.com/james.chalmers.3994/videos/10207221038346912/)

[videos/10207221038346912/](https://www.facebook.com/james.chalmers.3994/videos/10207221038346912/)

### Books to read

*A Book to my son Nathan:* <http://www.mixbook.com/photo-books/interests/blank-canvas-8309369?vk=ywWDIdOAWC>.

*Raised by my Child* by Sally D. Yantis-Grube, 2011—Mom to Heidi, 18-year-old with Cri du Chat Syndrome.

*Her Name is Montel* by Casey Evans, 2005—Dad to Montel, 20-year-old with Cri du Chat Syndrome.

*Beauty in Broken Dreams: A Hopeful Handbook for the Early Years as a Special Needs Parent* by Kathy McClelland, 2017, Mom to Nathan, 4-year-old with Cri du Chat syndrome. [https://www.amazon.com/Beauty-Broken-Dreams-Hopeful-Handbook-ebook/dp/B06W575N8Q/ref=sr\\_1\\_1?ie=UTF8&qid=1509381275&sr=8-1&keywords=beauty+in+broken+dreams](https://www.amazon.com/Beauty-Broken-Dreams-Hopeful-Handbook-ebook/dp/B06W575N8Q/ref=sr_1_1?ie=UTF8&qid=1509381275&sr=8-1&keywords=beauty+in+broken+dreams).

*Confessions of a Special Needs Dad* by Mark Wallace Maguire, a book of hope, healing, and honesty that dads are not alone.

### Blogs to follow

- <http://livingwithcriduchat.blogspot.com/http://elastamom.com>
- [www.kathymcclelland.com](http://www.kathymcclelland.com) by Kathy McClelland
- <http://livingwithcriduchatmosaicism.blogspot.co.nz/>
- <http://mikeandbrittanerickson.blogspot.com>
- <http://thisideofordinary.blogspot.com>
- <http://beautifulunexpectedjourney.blogspot.com>
- <http://www.cdcslovehope.com/blogspot.com>
- <http://clairematilda.wordpress.com>
- <http://crazyincognito.blogspot.com>
- <http://myriversride.wordpress.com>
- <http://allaboutvayla.blogspot.com>
- <http://brennanandcalebmom.blogspot.com>
- <http://praiseyouinthestorm.com>
- [www.prayforellee.org](http://www.prayforellee.org)
- <http://notquiteearthmother.wordpress.com>
- <http://tricia-themama.blogspot.com>
- [www.angelarichey.blogspot.com/](http://www.angelarichey.blogspot.com/)
- <http://lessonsfrommydaughter.me>
- <http://martianmommy.blogspot.com>
- <http://www.specialneedsdadchronicles.space>
- <http://lifesunexpectedblessings.wordpress.com>
- [www.specialneedsdadchronicles.com](http://www.specialneedsdadchronicles.com)

# 2018 Donors

The 5p- Society would like to thank you all for your continued support. We would like to publicly announce the names of the donors by level of Sponsorship. We would not be in existence without your help. Thank you from the bottom of our hearts!

## Platinum Sponsors Donations over \$2,000

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Wade's 5k for 5p

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Toledo Clinic, Inc.  
Frank & Rita Torre  
Ming Tsou and Chun-yi Chen  
United Heartland  
John & Elia Vasilopoulos  
Johanna & Joe Veres  
Charles Warden  
Daniel Watt & Ruthie Lieberman  
Deborah Wesch  
Millie Wiegand  
Brian & Jeanne Wilterink

California mom, Denise Lansford is co-trustee with her husband, Phil, of a special needs trust for their son Jason, an adult child with Cri du Chat. "Jason's grandfather had his own company and left shares in the family business in a special needs trust for him," says Denise.

Dividends from the company are paid to the trust, which Denise uses to buy things for Jason's care that government assistance doesn't cover, like taking Jason and a companion on a vacation.

Commercial property manager Solomon Greene manages a commercial building with multiple retail rental spaces in Deland, Florida. The building is owned by a special needs trust that was set up by a couple to provide for their daughter, who has a developmental disability. The daughter is now in her 60's and the parents long deceased, but the trust receives lucrative rent checks monthly.

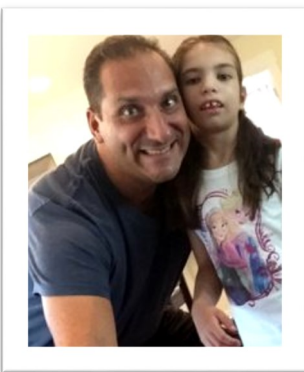
The parents purchased the building decades ago. Over many years tenants' rent paid off the mortgage, and the building, which is now debt free, generates a substantial income with very little expense. "It was a smart investment," says Mr. Greene.

### Conclusion

Sometimes the hardest part of creating a special needs trust is overcoming the inertia of getting started. As with all estate planning, the process of dealing with your immortality is morbid, and a subject many of us would simply like to avoid.

But unless you are independently wealthy, the best way to make sure your child is provided for in the future is to start early and use the benefit of time to build assets or income streams.

If it's something that's been on your mind, get started today!



### About the Author

Stephen Furnari is a Florida attorney and the founder of Guardianship Project ([www.guardianproject.us](http://www.guardianproject.us)), which provides free resources for parents seeking guardianship for a child with an intellectual or developmental disability. Stephen lives in Flagler Beach, Florida with his wife Kristi (who serves on the Board of the 5P- Society) and three daughters, including 10 year old Katie who is affected by the disorder.

### Board of Directors Position Opening

At this time we have one opening on the Board of Directors. You'd have the opportunity to work with a great group of dedicated volunteers! If you are interested in joining, please contact Jolene Towers at: [gnjtowers@aol.com](mailto:gnjtowers@aol.com).

### 5p- Families Have Talent...

#### *So Show Us What You've Got!!!*

We know you're out there because you write wonderful books and great blogs, you even produce script for videos!! You can't hide anymore, we need your help to make the newsletter enjoyable reading. We are going to highlight dance for kids/adults with special needs in the next issue. If you have something you can share about how dance has influenced your son or daughter please submit it to Shari. In coming issues our thoughts were to focus on other activities that bring our kids such joy: Art Therapy, Music Therapy, Hippotherapy, Drama, Animal Therapy etc.. Please submit articles and ideas to Shari Campbell at: [djcshe@mchsi.com](mailto:djcshe@mchsi.com).

# How to Get Your Governor to Declare May 5 as Cri du Chat Awareness Day

Before we know it, May will be here and that means CRI DU CHAT SYNDROME AWARENESS DAY!

For those of you who live in the United States, here is how to request a proclamation from your Governor requesting that he or she declares May 5 as Cri du Chat Awareness Day.

- ◆ First, just because a Governor declared May 5 as Cri du Chat Awareness Day in 2018– you still will have to ask in 2019 **and all future years!**
- ◆ Start Early – the best thing to do is make your request before March 1 as most states say it takes up to six weeks to determine whether or not the request will be granted and to issue the Proclamation.
- ◆ Do a Google search “Governor OF STATE?” (for *your* state). This will take you to the Governor’s website.
- ◆ On the Governor’s website, home page, search for “Request a Proclamation” – usually there will be an online form to request the proclamation.
- ◆ You are the “requestor” – the requesting organization is “The 5p-Society”.
- ◆ Sample language is below – ALL STATES WILL ASK YOU TO PROVIDE LANGUAGE.
- ◆ Some states do not have online forms – so when you search for “Request a Proclamation” you will be directed to an office – call there and ask how to send an email request for a proclamation.
- ◆ Keep a copy of the request and write down the date you submitted it. This will be helpful when you call or email to follow up the request. I suggest that you do this about 2 weeks after you submit the request. Be prepared to call back several times!
- ◆ You may have to call a general phone number from the web page and ask to speak with the person who handles requests for proclamations.
- ◆ And remember, Governors get hundreds of requests every month for them to declare given days ,so if the request is turned down, do not take it personally!
- ◆ If you run into issues feel free to email me at [Jaggerwatt@hotmail.com](mailto:Jaggerwatt@hotmail.com).

## (SAMPLE PROCLAMATION COPY)

Whereas, the 5p- Society of North America, along with support organizations from around the world are proud to announce that May 1 – May 10, 2019 will be designated as International Cri du Chat Syndrome Awareness Week.

*Whereas, May 5 has been designated internationally as Cri du Chat Syndrome Day.*

Whereas, Individuals with Cri du Chat deserve to be recognized for what they can do versus what they cannot do and our hope is that we can raise awareness, of Cri du Chat Syndrome, by spreading our message to each and every person we meet.



Whereas, each year in the United States alone, approximately 50 to 60 children are born with *5p- Syndrome* (five p minus), also known as *Cat Cry Syndrome* or *Cri du Chat Syndrome*. Some common characteristics of Cri du Chat Syndrome at birth are a high pitched cry, low birth weight, poor muscle tone, microcephaly, and potential medical complications. “5p-” is a term used by geneticists to describe a portion of chromosome number five that is missing in these individuals.

Whereas, one of the goals of Cri du Chat Awareness Week is to end the outdated misinformation given to families when their child is diagnosed with Cri du Chat.

Whereas, children born with this rare genetic defect will most likely require ongoing support from a team of parents, therapists, and medical and educational professionals to help the child achieve his or her maximum potential.

Whereas, there are many families with family members with Cri du Chat living in Iowa (your state) with the syndrome that are members of the 5p- Society and over 1,000 families in the Country.

Resolved, I Governor (FILL IN YOUR GOVERNOR’S NAME) declare May 5, 2019 as Cri du Chat Awareness Day in (FILL IN YOUR STATE.)



# Awareness Week Campaign

## “The Faces of 5p-”

You are invited to join us in the 2019 Awareness Week Campaign, “The Faces of 5p-” by submitting a picture of your child or adult with 5p- Syndrome (jpeg format) along with a short bio. We are hoping to receive pictures and bios from families all over the WORLD.

If you’d like to participate, please submit your picture (full face is preferred), bio information and release form by April 25, 2019 to [director@fivepminus.org](mailto:director@fivepminus.org).

We will begin to showcase the pictures on our Social Media pages. The goal is to get enough pictures to put together an awareness campaign video slide show to use to promote and create awareness of the syndrome.

We can’t wait to see all the pictures!!

---

Please submit the information below and submit with your picture:

My name is:

My birthday (or age) is:

I live in (City, State/Province, Country):

Some of my favorite things are:

Some of my successes are:

Some of my challenges are:

Photo Release:

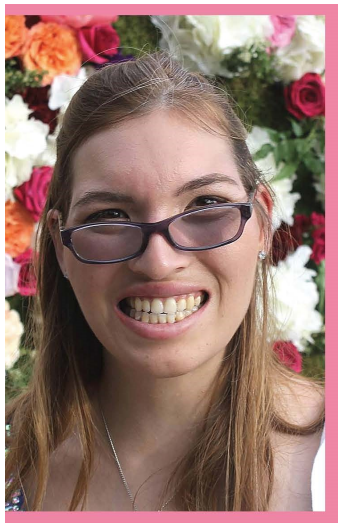
I/we acknowledge that I may be photographed or recorded. I hereby release to the 5p- Society all proprietary rights and copyrights in all such photographs, digital images, voices, recordings, actions, films and likenesses (including negatives, positives and prints) which shall be and remain the property of the 5p- Society. I understand that this material may be used in various publications, public affairs releases, recruitment material, and broadcasts or for other related endeavors. This material may also appear on the 5p- Society’s website and other public social media sites.

I expressly release the 5p- Society, its directors, officers, employees, agents and volunteers, from any and all claims, including copyright and privacy, arising out of any reproduction, broadcast, distribution, publication, or promotion of this event.

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(Parent signature)

(Date)



## THE FACES OF 5P-

*Hi, my name is Katherine*

*I'm 31-years-old*

*I live in Lakewood, California*

*I love my niece Lorelei, my dolls, and animals*

*I am successful at reading, doing puzzles and*

*Disney Trivia*

*My challenge is keeping my room clean*

Presented by 5p- Society May 2019



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 Phone: (562)804-4506  
 Fax: (562)920-5240  
 Email: [director@fiveminus.org](mailto:director@fiveminus.org)

**RETURN MAIL REQUESTED**  
**RETURN SERVICE REQUESTED**



**Meet C5**


The Mascot of the International  
 Cri du Chat Awareness Week  
 May 1-10, 2019


**WE'RE ON THE WEB**  
[WWW.FIVEPMINUS.ORG](http://WWW.FIVEPMINUS.ORG)

**TWEET WITH US**  
[@5PMINUS](https://twitter.com/5PMINUS)

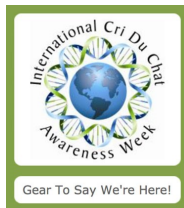
**FIND US ON FACEBOOK AT** [HTTP://WWW.FACEBOOK.COM/CRIDUCHATSOCIETY](http://WWW.FACEBOOK.COM/CRIDUCHATSOCIETY)

**Ways to Help the 5p- Society**

When SEARCHING the internet, don't forget to use GOODSEARCH  – sign up and put in 5p- Society as your Cause. The 5p- Society gets a penny for every search. [www.goodsearch.com](http://www.goodsearch.com).

 When purchasing items on Amazon, make sure you go to AmazonSmile at <https://smile.amazon.com/> and choose to support 5p- Society (Lakewood). The 5p- Society gets a small % of what you purchase. Every little bit counts and we are grateful to you for your participation.

Shop for your 5p- items below at  
<https://fiveminus.org/shop/>



[Shop on CafePress](#)

[Shop on SquareUp](#)

[Shop on InkSoft](#)