



5P - MINUS



August Newsletter



The Browns

Graham, Brandon, Christina, Hudson, & Emery at their 9th annual Grahams Gang 5k



Louisville Regional Gathering

SUMMER GATHERINGS

Louisville Regional Gathering hosted by the Brookman Family. What a great day to gather with our friends and get to know each others journey!



5K HIGHLIGHTS

This year The Browns hosted their 9th annual 5k "Graham's Gang 5k for 5p-".

Year after year the Browns host their 5k to spread inclusion, awareness and love within their community. Great job Grahams Gang!

*Together,
We make a
Difference*



Western Canada



Regional Gathering



Sharing some great memories made yesterday at our Regional Western Canada Family gathering. Grateful for the donations from the 5p- Society, Real Deal Meats, C3 Character Caring Cosmos, Engraved for Life, Adaptabilities, 5p-family & friends, and all our volunteers to make this day possible! We had a couple families come all the way from Manitoba! 6 families and extended celebrated yesterday. It was an incredible time together.

Salt Lake City Conference

🎉 A BIG ROUND OF APPLAUSE FOR OUR HOST FAMILIES! 🙌

WE COULDN'T HAVE PULLED OFF THE
2025 5P- ANNUAL CONFERENCE
WITHOUT THE DEDICATION AND HARD
WORK OF OUR AMAZING HOST FAMILIES.

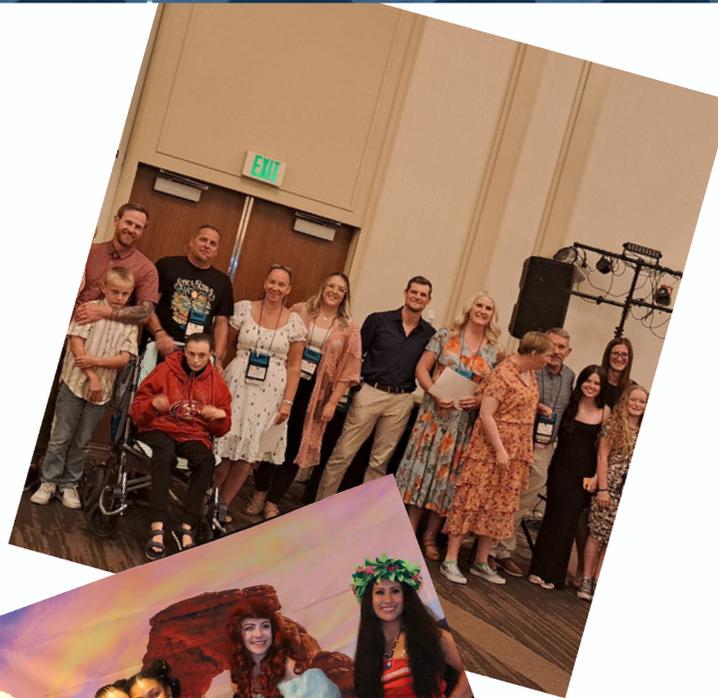
THANK YOU FOR MAKING THIS YEAR
SUCH A MEMORABLE SUCCESS!
ONE OF THE BIGGEST HIGHLIGHTS? OUR
UNFORGETTABLE FAMILY OUTING AT THE
NATIONAL ABILITY CENTER IN BEAUTIFUL
PARK CITY, UTAH! WE HAD THE ENTIRE
PARK TO OURSELVES — AND OUR KIDS
MADE THE MOST OF IT. FROM BIKE
RIDING AND HORSE PETTING TO
ARCHERY AND AN EPIC ROPES COURSE,
THE DAY WAS FILLED WITH LAUGHTER,
ADVENTURE, AND CONNECTION.

AND THE FUN DIDN'T STOP THERE! OUR
FAMILIES HIT THE DANCE FLOOR AND
BOOGIED THE NIGHT AWAY WITH SOME
VERY SPECIAL GUESTS — MOANA,
SPIDER-MAN, DARTH VADER, ELSA, AND
ANNA ALL MADE SURPRISE
APPEARANCES THAT HAD KIDS (AND
PARENTS!) GRINNING FROM EAR TO EAR.



THANK YOU TO ALL THE FAMILIES WHO
JOINED US — WE'RE ALREADY COUNTING
DOWN THE DAYS UNTIL NEXT YEAR'S
CONFERENCE IN SAN ANTONIO! 🌟

<https://fivepminus.org/>





**THE BIGGEST
FUNDRAISER OF THE
YEAR!!**

**WE NEED YOUR HELP
AND SUPPORT!**

 **IT'S THAT TIME AGAIN... POPCORN SALE TIME!** 

EACH YEAR OUR HOST FAMILIES, BOARD MEMBERS AND VOLUNTEERS PUT IN COUNTLESS HOURS TO FUNDRAISE AND ORGANIZE TO MAKE SURE THE CONFERENCE EXPERIENCE IS A MEANINGFUL ONE FOR THE ATTENDEES.

WE COULD USE YOUR SUPPORT TO HELP FUND FUTURE CONFERENCES.

WE HAVE CREATED A POPCORN FUNDRAISER THROUGH AN APP CALLED DOUBLE GOOD. THE POPCORN IS ULTRA-PREMIUM, DELICIOUS, AND SHIPPED DIRECTLY TO CUSTOMERS.

PLUS, THE 5P- SOCIETY KEEPS 50% OF THE PROCEEDS!

IT'S EASY:BEFORE THE FUNDRAISER BEGINS:
DOWNLOAD THE DOUBLE GOOD APP
ENTER OUR EVENT CODE IN THE APP (YEWKCY)
CREATE YOUR POP-UP STORE
SHARE ON SOCIAL MEDIA

THE FUNDRAISER STARTS AUGUST 01, 2025, AT 5:00 PM AND RUNS UNTIL AUGUST 05, 2025, AT 5:00 PM.

WE APPRECIATE YOUR SUPPORT!



COMMUNITY SPOTLIGHT

LEILA



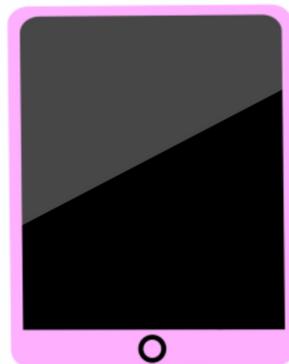
QUERBACH

LEILA QUERBACH (AGE 7) LIVES IN DRIPPING SPRINGS, TEXAS WITH HER FAMILY.

SHE LOVES TO CUDDLE, PLAY ON HER TABLET, ROCK OUT TO MUSIC, AND SHE EATS JUST ABOUT EVERY KIND OF FOOD—AND LOTS OF IT!

MOM AND DAD HAVE FIGURED OUT THAT BRIBERY WORKS WELL WITH LEILA, AND SHE DOES HER BEST WALKING WHEN SHE IS PROMISED CHOCOLATE! HER BIG BROTHER, AIDEN, AND LITTLE SISTER, MAYA, ARE ALWAYS CHEERING HER ON, AND THEY HAVE FUN TICKLING LEILA AND MAKING HER LAUGH.

LEILA HAS MADE TONS OF FRIENDS THIS YEAR, AND HAS INSPIRED SO MANY OF THEM AND THEIR PARENTS TO LEARN SIGN LANGUAGE SO THEY CAN COMMUNICATE WITH HER AND OTHERS WHO ARE NON-VERBAL.



QUESTIONS?? PLEASE CONTACT LAURA AT DIRECTOR@FIVEPMINUS.ORG.

2026 5P- CONFERENCE SAN ANTONIO, TX July 23rd - 26th 2026



HOTEL - SAN ANTONIO MARRIOTT RIVERWALK

You and your families will be steps away from the city's most iconic attraction, The Riverwalk. This is one of the many perks at staying at the conference hotel next year. Being in the heart of downtown, you'll be minutes away from most city attractions.



A CITY FILLED WITH CULTURE AND DIVERSITY

For over 300 years, the bell towers of Spanish colonial missions have greeted each morning, reflecting a rich history where Mexican, European, and Western influences intertwine to create a one-of-a-kind cultural identity.



ATTRACTION HIGHLIGHT: MORGAN'S WONDERLAND

Morgan's Wonderland offers 25 Ultra-Accessible™ attractions, sprawled across a 25-acre oasis of inclusion. From a wheelchair-accessible Ferris wheel to catch-and-release fishing, there is truly something for everyone to enjoy!

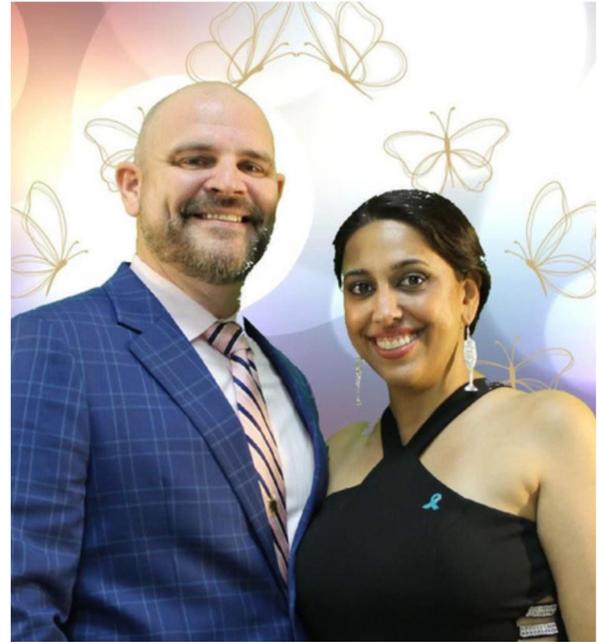


If you live in Texas and would like to help plan the Texas Conference, please reach out to Angel 832-594-7116 or Adam 512-739-6372. Your help will be greatly appreciated and welcomed.

MEET YOUR 2026 CONFERENCE HOST FAMILIES



ANGEL & AMABEL ARELLANO



ADAM & ZEENA QUERBACH



CALLING TEXAS FAMILIES

JOIN THE QUERBACH'S AND
ARELLANO'S IN PLANNING
NEXT YEARS CONFERENCE!
MESSAGE US ON FACEBOOK
FOR HOW TO HELP!



Session topics for next conference?

We are working hard to make sure that next year's conference is value-added for all of our attendees. If there is a topic for a session that you would like for us to consider, please reach out to one of the host family members



BACK TO SCHOOL

*Have a great school
year!*



AS SUMMER WINDS DOWN AND A NEW SCHOOL YEAR BEGINS, WE WANT TO TAKE A MOMENT TO WISH ALL OF OUR AMAZING 5P- FAMILIES A HAPPY AND SUCCESSFUL BACK-TO-SCHOOL SEASON!

WHETHER YOUR CHILD IS STARTING A NEW GRADE, MEETING NEW TEACHERS, OR RETURNING TO FAMILIAR ROUTINES, WE'RE CHEERING YOU ON EVERY STEP OF THE WAY.

MAY THIS YEAR BE FILLED WITH GROWTH, LEARNING, LAUGHTER, AND MEANINGFUL MILESTONES. YOU'VE GOT THIS — AND WE'RE HERE TO SUPPORT YOU ALL THE WAY!





HELP SHAPE THE FUTURE OF THE 5P- SOCIETY BY JOINING OUR BOARD OF DIRECTORS!



The strength of the 5p- Society lies in its passionate and dedicated leadership. We are looking for parents, friends, and advocates to take on a vital role in guiding our organization forward. If you believe in our mission and want to make a meaningful impact, we invite you to consider joining our Board of Directors.

Why Serve on the Board?

Becoming a board member is more than a title—it's an opportunity to lead, inspire, and drive change. As a director, you'll help shape policies, strengthen outreach, and ensure we continue to provide resources and support to families affected by 5p- Syndrome. Whether you bring experience in advocacy, fundraising, communication, or simply a deep commitment to our community, your voice matters.

Who Should Apply?

We welcome parents, friends, and dedicated supporters who want to take an active role in shaping our future.

Responsibilities:

- Guide the strategic direction of the organization
- Support fundraising and awareness initiatives
- Advocate for the needs of families in the 5p- community
- Assist in planning events, including the annual conference
- Foster collaboration and engagement within our network

How to Get Involved:

If you're ready to step up and help lead the 5p- Society, we'd love to hear from you! Whether you have extensive experience or simply a passion for making a difference, your contribution is invaluable.

To learn more or express interest, contact Laura Castillo or one of the 5p- Society Board Members. Together, we can continue building a stronger, more connected community!

QUESTIONS?? PLEASE CONTACT LAURA AT DIRECTOR@FIVEPMINUS.ORG.





JOIN A COMMITTEE—MAKE A DIFFERENCE IN THE 5P-SOCIETY!

The 5p- Society thrives on the dedication and passion of its members. Whether you're a parent, sibling, or friend of someone with 5p- Syndrome, your involvement can make a lasting impact. We are calling on our community to step forward and help shape the future of our organization by joining one (or more!) of our committees.

Why Get Involved?

Volunteering for a committee is an opportunity to lend your skills, build connections, and support the 5p- community in meaningful ways. We especially encourage siblings to get involved—your unique perspective and energy can help us amplify awareness through social media, engage with families, and spread the word about the incredible work being done.

Our Committees:

Marketing & Communications – Help craft and share the messages that raise awareness, educate, and connect our community. If you have experience in writing, design, or social media, this is the perfect place to contribute. Siblings, your expertise in digital platforms can truly elevate our outreach!

Family Engagement & Outreach – Strengthen the bonds within our community by coordinating events, resources, and support networks. If you're passionate about making connections and offering guidance, this committee needs you.

Internal Operations – Keep the 5p- Society running smoothly by assisting with logistics, planning, and administrative tasks. If you're organized and detail-oriented, your help is invaluable.

Conference – Help plan and execute our annual conference, a vital gathering that brings families, professionals, and advocates together. If event planning excites you, this is your chance to create meaningful experiences.

How to Get Started:

We welcome parents, siblings, and friends who are eager to contribute their time and talents. Whether you have an hour a week or a few hours a month, every effort makes a difference.

Ready to make an impact? Join a committee today and be a part of something extraordinary!

Reach out to Laura Castillo or any of our board members to get started.

QUESTIONS?? PLEASE CONTACT LAURA AT DIRECTOR@FIVEPMINUS.ORG.

